



**For the Best Chinese Cuisine in Your Area**

Visit our Restaurant in  
Central Square, Bigtown, BG12AB

Open Every Day Except Tuesday  
Opening Hours 17.30 to 22.30

If you prefer to eat at home, place your order for pick-up at any date/time we are open, up to a week in advance (or delivery if your PostCode starts BG)

Telephone 0123 456789(fictitious number!)

or if you have a mobile phone and computer, by internet at

[www.caterman.org/greenfrog.html](http://www.caterman.org/greenfrog.html)

or simply send us a text message to 447594133541

starting with our name **greenfrog** (followed by **d** if you want delivery and your Post Code starts BG), the date **dd/** if the order is not for today, the time **hh:mm** for delivery or pick up, and the recipes you wish to order. For example,

**greenfrog d 19/ 19:30 2 3 27 119 49 202 205+2 211**

The +2 means you want two lots of Prawn Crackers. A text will be sent back to you confirming your order with prices. If it is incorrect or you wish to cancel, simply forward this confirmation back to us unchanged. Of course, during opening hours, if you wish to pick up the order as soon as possible, send

**greenfrog 2 3 27 119 49 202 205+2 211**

and your order could be ready for when you arrive, just ask for it by number!

<b>SOUPS</b>		<b>FRIED RICE DISHES</b>	
1 Chicken & Sweetcorn Soup	£1.60	32 House Special Fried Rice	£5.00
2 Crab Meat & Sweetcorn Soup	£1.90	33 King Prawn Fried Rice	£4.90
3 Hot & Sour Soup	£2.30	34 Shrimps Fried Rice	£4.60
3a Chicken & Noodle Soup	£1.80	35 Chicken Fried Rice	£4.20
		36 Duck Fried Rice	£5.00
<b>STARTERS</b>		37 Beef (Minced) Fried Rice	£4.40
4 Spare Ribs in Fruity Sauce	£3.90	38 Char Siu (Pork) Fried Rice	£4.40
5 Spare Ribs with Garlic in Spicy Salt Pepper	£3.90	39 Young Chow Fried Rice	£4.50
6 Barbecue Spare Ribs (in Syrup)	£3.90	40 Singapore Fried Rice	£4.70
7 Crispy Spring Rolls (6 in a portion)	£1.80		
8 Prawn on Toast with Sesame Seeds	£2.60	<b>CURRY DISHES</b>	
9 Green Lip mussels in Satay Sauce	£4.60	41 House Special in Curry Sauce	£4.50
10 Green Lip Mussels in Black Bean Sauce	£4.60	42 King Prawn in Curry Sauce	£4.30
11 King Prawn w Garlic in Spicy Salt Pepper	£4.20	43 Shrimps in Curry Sauce	£4.10
12 Chicken w Garlic in Spicy alt Pepper	£3.70	44 Chicken in Curry Sauce	£3.70
13 Peking Duck w Salad & Pancakes (Half)	£12.00	45 Beef in Curry Sauce	£3.80
		46 Char Siu (Pork) in Curry Sauce	£3.80
<b>ENGLISH DISHES</b>		47 Vegetables in Curry Sauce	£3.20
14 Sirloin Steak and Chips	£7.00		
15 Roast Chicken and Chips (¼)	£4.30	<b>EGG FOO YUNG DISHES</b>	
16 Sausage and Chips	£3.60	48 House Special Egg Foo Yung	£4.50
		49 King Prawn Egg Foo Yung	£4.70
<b>OMELETTE DISHES</b>		50 Shrimps Egg Foo Yung	£4.40
17 Special Omelette	£4.70	51 Chicken Egg Foo Yung	£4.20
18 King Prawn Omelette	£4.70	52 Mushroom Egg Foo Yung	£3.40
19 Shrimp Omelette	£4.40	53 Char Siu (Pork) Egg Foo Yung	£4.20
20 Chicken Omelette	£4.20	54 Vegetable Egg Foo Yung	£3.30
21 Ham Omelette	£4.20		
22 Mushroom Omelette	£3.50	<b>CHOP SUEY DISHES</b>	
23 Plain Omelette	£3.40	55 House Special Chop Suey	£4.50
		56 King Prawn Chop Suey	£4.70
<b>CHOW MEIN DISHES</b>		57 Shrimps Chop Suey	£4.40
24 House Special Chow Mein	£5.00	58 Chicken Chop Suey	£3.70
25 King Prawn Chow Mein	£4.90	59 Beef Chop Suey	£3.80
26 Shrimp Chow Mein	£4.60	60 Duck Chop Suey	£4.50
27 Chicken Chow Mein	£4.20	61 Char Siu (Pork) Chop Suey	£3.80
28 Beef Chow Mein	£4.30		
29 Duck Chow Mein	£5.00	<b>BEANSPROUT DISHES</b>	
30 Char Siu (Pork) Chow Mein	£4.40	62 House Special Beansprouts	£4.50
31 Vegetable Chow Mein	£3.70	63 King Prawn Beansprouts	£4.30
		64 Shrimp Beansprouts	£4.10
<b>All Dishes Do Not Include Rice or Chips</b>		65 Chicken Beansprouts	£3.70
<b>Advance Orders accepted when we are open!</b>		66 Beef Beansprouts	£3.80
<b>To order by text send message to 447624803069</b>		67 Duck Beansprouts	£4.50
<b>with first word greenfrog followed by the</b>		68 Char Siu (Pork) Beansprouts	£3.80
<b>codes of your choices with space between each.</b>		<b>All Dishes Do Not Include Rice or Chips</b>	

<b><u>PINEAPPLE AND GINGER DISHES</u></b>		<b><u>GINGER AND SPRING ONIONS DISHES</u></b>		
130	House Special Pineapple and Ginger	£4.50	165 House Special with Ginger and Spring Onions	£4.70
131	King Prawn, Pineapple and Ginger	£4.30	166 King Prawn with Ginger and Spring Onions	£4.60
132	Shrimps, Pineapple and Ginger	£4.00	167 Shrimps with Ginger and Spring Onions	£4.50
133	Chicken, Pineapple and Ginger	£3.70	168 Chicken with Ginger and Spring Onions	£4.40
134	Beef, Pineapple and Ginger	£3.80	169 Beef with Ginger and Spring Onions	£4.40
135	Duck, Pineapple and Ginger	£4.50	170 Duck with Ginger and Spring Onions	£4.90
136	Char Siu (Pork), Pineapple and Ginger	£3.80	171 Char Siu (Pork) with Ginger and Spring Onions	£4.60
			172 Vegetables with Ginger and Spring Onions	£4.00
<b><u>CHINESE MUSHROOM AND BAMBOO SHOOTS DISHES</u></b>				
137	House Special Chinese Mushroom and Bamboo Shoots	£4.50	<b><u>SZECHUAN DISHES</u></b>	
138	King Prawn Chinese Mushroom and Bamboo Shoots	£4.30	173 House Special with Szechuan Sauce	£5.00
139	Shrimps Chinese Mushroom and Bamboo Shoots	£4.10	174 King Prawn with Szechuan Sauce	£4.80
140	Chicken Chinese Mushroom and Bamboo Shoots	£3.70	175 Shrimps with Szechuan Sauce	£4.70
141	Beef Chinese Mushroom and Bamboo Shoots	£3.80	176 Chicken with Szechuan Sauce	£4.60
142	Duck Chinese Mushroom and Bamboo Shoots	£4.70	177 Beef with Szechuan Sauce	£4.70
143	Char Siu (Pork) Chinese Mushroom and Bamboo Shoots	£3.80	178 Duck with Szechuan Sauce	£4.90
			179 Char Siu (Pork) with Szechuan Sauce	£4.70
<b><u>BLACK PEPPER SAUCE DISHES</u></b>				
144	House Special in Black Pepper Sauce	£4.70	180 Vegetables with Szechuan Sauce	£4.00
145	King Prawn in Black Pepper Sauce	£4.50	<b><u>SIDE DISHES</u></b>	
146	Shrimps in Black Pepper Sauce	£4.30	201 Boiled Rice	£1.40
147	Chicken in Black Pepper Sauce	£4.10	202 Fried Rice	£1.60
148	Beef in Black Pepper Sauce	£4.20	203 Soft Noodles	£1.90
149	Duck in Black Pepper Sauce	£4.70	204 Chips	£1.00
150	Char Siu (Pork) in Black Pepper Sauce	£4.20	205 Prawn Crackers	£1.40
151	Vegetables in Black Pepper Sauce	£3.90	206 Sweet and Sour Sauce	£1.00
			207 Curry Sauce	£1.00
<b><u>CANTONESE SAUCE DISHES</u></b>				
152	House Special in Cantonese Sauce	£5.70	208 Gravy Sauce	£1.00
153	King Prawn in Cantonese Sauce	£5.60	209 Mixed Vegetables	£2.10
154	Shrimps in Cantonese Sauce	£5.50	210 Beansprouts	£1.60
155	Chicken in Cantonese Sauce	£5.30	211 Mushrooms	£1.90
156	Beef in Cantonese Sauce	£5.40	212 Onion Rings (10 in a portion)	£1.50
157	Duck in Cantonese Sauce	£5.70	213 Portion of Cashew Nuts	£2.50
158	Char Siu (Pork) in Cantonese Sauce	£5.40	214 Curry and Chips	£2.00
			215 Gravy and Chips	£2.00
<b><u>CHEF'S SPECIAL DISHES</u></b>		<b><u>SPECIAL SET MEALS</u></b>		
159	Chicken in lemon Sauce	£3.70	<b>SSM2 for Two People</b> £19.00	
160	Duck in Plum Sauce	£5.20	Prawn Crackers, Chicken and Sweetcorn Soup (2),	
161	Crispy Chilli Beef	£5.70	Crispy Spring Rolls (6), Spare Ribs in Hot Fruity Sauce,	
162	Kung Po King Prawn	£5.70	Beef in Black Bean Sauce, Chicken in Satay Sauce,	
163	Pak Po Duck	£6.20	Mixed Vegetables, Young Chow Fried Rice (2)	
164	Pak Po Chicken	£5.20	<b>SSM4 for Four People</b> £36.00	
			2 xSSM2 except Chicken Cashew Nuts plus Spicy Barbecue King Prawn	
			<b>SSM6 for Six People</b> £53.00	
			3 xSSM2 except Chicken Cashew Nuts plus Spicy Barbecue Pork plus	
<b>All Dishes Do Not Include Rice or Chips</b>				Duck Spring Onion and Ginger plus King Prawn in Cantonese Sauce

<b><u>MUSHROOM DISHES</u></b>		<b><u>OYSTER SAUCE DISHES</u></b>	
69 House Special Mushroom	£4.50	99 House Special in Oyster Sauce	£4.50
70 King Prawn Mushroom	£4.30	100 King Prawn in Oyster Sauce	£4.30
71 Shrimps Mushroom	£4.10	101 Shrimps in Oyster Sauce	£4.10
72 Chicken Mushroom	£3.70	102 Chicken in Oyster Sauce	£3.70
73 Beef Mushroom	£3.80	103 Beef in Oyster Sauce	£3.80
74 Duck Mushroom	£4.50	104 Duck in Oyster Sauce	£4.50
75 Char Siu (Pork) Mushroom	£3.80	105 Char Siu (Pork) in Oyster Sauce	£3.80
		106 Vegetables in Oyster Sauce	£3.20
<b><u>SWEET &amp; SOUR SAUCE DISHES</u></b>			
<b>(Cantonese Style)</b>		<b><u>CASHEW NUT DISHES</u></b>	
76 Sweet and Sour King Prawn	£4.30	107 House Special Cashew Nuts	£5.00
77 Sweet and Sour Chicken	£3.70	108 King Prawn Cashew Nuts	£4.80
78 Sweet and Sour Beef	£3.80	109 Shrimps Cashew Nuts	£4.60
79 Sweet and Sour Pork	£3.80	110 Chicken Cashew Nuts	£4.20
80 Sweet and Sour Vegetables	£3.20	111 Beef Cashew Nuts	£4.30
		112 Duck Cashew Nuts	£5.00
<b><u>HOT FRUITY SAUCE DISHES</u></b>		113 Char Siu (Pork) Cashew Nuts £4.30	
81 King Prawn in Hot Fruity Sauce	£4.30		
82 Chicken in Hot Fruity Sauce	£3.70	<b><u>BLACK BEAN SAUCE DISHES</u></b>	
83 Beef in Hot Fruity Sauce	£3.80	114 House Special in Black Bean Sauce	£4.50
84 Pork in Hot Fruity Sauce	£3.80	115 King Prawn in Black Bean Sauce	£4.30
85 Vegetables in Hot Fruity Sauce	£3.20	116 Shrimps in Black Bean Sauce	£4.00
		117 Chicken in Black Bean Sauce	£3.70
<b><u>SPICY BARBECUE SAUCE DISHES</u></b>		118 Beef in Black Bean Sauce £3.80	
86 King Prawn in Spicy Barbecue Sauce	£5.70	119 Duck in Black Bean Sauce £4.50	
87 Chicken in Spicy Barbecue Sauce	£5.50	120 Char Siu (Pork) in Black Bean Sauce £3.80	
88 Shredded Beef in Spicy Barbecue Sauce	£5.70	121 Vegetables in Black Bean Sauce £3.20	
89 Pork in Spicy Barbecue Sauce	£5.60		
90 Vegetables in Spicy Barbecue Sauce	£4.50	<b><u>SATAY SAUCE DISHES</u></b>	
		122 House Special in Satay Sauce	£4.50
<b><u>CHILLI SAUCE DISHES</u></b>		123 King Prawn in Satay Sauce £4.30	
91 House Special in Chilli Sauce	£4.50	124 Shrimps in Satay Sauce £4.00	
92 King Prawn in Chilli Sauce	£4.30	125 Chicken in Satay Sauce £3.70	
93 Shrimps in Chilli Sauce	£4.10	126 Beef in Satay Sauce £3.80	
94 Chicken in Chilli Sauce	£3.70	127 Duck in Satay Sauce £4.50	
95 Beef in Chilli Sauce	£3.80	128 Char Siu (Pork) in Satay Sauce £3.80	
96 Duck in Chilli Sauce	£4.50	129 Vegetables in Satay Sauce £3.20	
97 Char Siu (Pork) in Chilli Sauce	£3.80	<b>All Dishes Do Not Include Rice or Chips</b>	
98 Vegetables in Chilli Sauce	£3.20	Local customers can order for delivery by	
		Including a d after the first word:-	
<b>All Dishes Do Not Include Rice or Chips</b>		caterman d 3a 25 49 119	
Sample text message to 07594133541 is:-		If an order is to be picked up or delivered at a	
caterman 3a 25 49 119		different time, the time is entered as four digits	
This orders Chicken & Noodle Soup, King Prawn		HH:MM (24 hour clock, must be opening hours)	
Chow Mein, Duck in Black Bean Sauce		A date is DD/ 21 <sup>st</sup> of month is 21/ for example-	
to pick up as soon as possible.		caterman d 21/ 18:30 3a 25 49 119	

